Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Thursday 30 Mar 2023 until 23:59 on Friday 31 Mar 2023

Forecast Issued on Wednesday 29 Mar 2023 at 09:57 by Met Office Aberdeen

Confidence: High for Thursday. Low for detail on Friday and Saturday. High for drier weather on Sunday and Monday.

Headline for Thursday 30 Mar 2023: Bright with a few passing showers on Thursday

Mountain weather hazards on Thursday 30 Mar 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms Low Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Fog	Fog	Sunny intervals	Heavy rain showers	Light rain showers	Cloudy	Cloudy
Precipitation probability							
00%	00%	00%	20%	40%	30%	20%	20%

Forecast for Thursday 30 Mar 2023

Weather: Areas of low cloud around at first. Otherwise some sunny spells and occasional showers, these most frequent and briefly heavy in the afternoon. Summits of the Nevis ranges will see some sleet or wet snow.

Chance of cloud-free hill tops above 800m: 70%, best chance in the afternoon

Low Cloud and visibility: Very good visibility and great air clarity outside of cloud and showers. Areas of cloud down to 400 metres at first, this lifting through the morning with patches down to 750 metres by afternoon, this mostly as showers pass by.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 30 Mar 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	28/34 SW	24/30 S	22/27 S	23/29 S	25/32 S	23/30 SW	19/23 S	16/20 SE	20/25 SE
900	20/26 SW	18/23 SW	16/21 S	17/21 S	18/25 S	15/22 S	13/17 S	12/15 SE	15/20 SE
600	23/29 SW	21/26 S	17/22 S	17/22 SW	19/25 SW	18/24 SW	13/16 S	9/12 SE	9/13 SE
300	10/16 S	10/16 S	9/14 S	8/12 S	11/17 S	10/15 SW	6/11 S	6/10 SE	6/10 E
Glen	8/18 SW	8/17 SW	6/15 S	7/13 SW	8/16 SW	11/21 SW	5/10 S	4/8 E	4/10 NE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	2/-5	1/-6	1/-6	1/-6	1/-5	2/-4	1/-4	0/-5	0/-6
900	4/-2	3/-2	3/-2	3/-2	4/-0	5/0	4/-0	3/-2	2/-3
600	6/1	6/1	5/1	6/1	7/3	7/3	7/4	6/4	6/3
300	8/5	7/5	7/5	8/6	9/7	9/7	9/8	8/6	7/6
Glen	9/7	9/7	8/7	10/8	11/10	11/9	10/9	9/8	8/7
Freezing Level*	1500m	1400m	1300m	1300m	1400m	1500m	1400m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Note cold temperatures at higher summit level.

Forecast for Friday 31 Mar 2023
Weather: Mostly dry in the morning but a few slow moving showers may break out in the afternoon and evening, perhaps merging into some longer spells of rain by evening. Chance of higher summit sleet or wet snow.

Maximum wind: Easterly 15 mph

Chance of cloud-free hill tops above 800m: 70%, best chance towards the west coast

Low Cloud and visibility: Good visibility with only small amounts of cloud down to 800 metres. Low cloud will become more extensive across the Trossachs after dark, lowering to 600 metres.

Temperature: **Glens:** Plus 7 rising to 14 Celsius
At 800m: Plus 5 Celsius
Freezing level: 1400 metres or higher

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